



Aging Unit of Iron County

September 2014



MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.		Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.		Saxon 893-2333 Tues. to Thurs		Springstead - Wed 476-2113 or 1-800-950-8744	
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE	1 Labor Day  Closed	2 Cabbage Casserole Country Blend Grape Juice Pudding Bread, Milk Card Games	3 Oven Fried Chicken Mashed Potatoes, Peas Orange Juice Sherbet Bread, Milk Bingo	4 Lasagna Cauliflower & Broc Tossed Salad Jello Bread, Milk	5 Meat Loaf O'Brian Potatoes 5 Way Blend 7-Layer Salad Blue Berry Crisp Bread, Milk	6 items may be changed without notice. All substituted items meet or exceed USDA standards for your RDA.	
	7	8 Beef Tips & Noodles Corn Cottage Cheese Pudding	9 CHEF'S CHOICE Polenta Salamini Tossed Salad Cake Card Games	10 Roast Beef Mashed Potatoes, Green Beans Beet Salad Cake Bread, Milk Bingo games	11 Lemon Chicken Pasta, Carrots Tossed Salad Jello Bread, Milk	12 Chili, Carrot Salad Pear Cobbler Corn Bread, Milk	13
14	15 Barbeque Chicken Tater Tots Stir Fry Vegetables Fruit Cocktail Pudding Bread, Milk	16 Hawaiian Luau Party	17 Swiss Steak Mashed Potatoes, Wax Beans Tomato Juice Ice Cream Bread, Milk Bingo Games	18 Ham Cheesy Hash browns Country Blend Pea Salad Apple Pie Bread, Milk	19 Pizza Pasta Salad Peach Cobbler Bread, Milk	20	
21	22 Italian Chicken Alfredo Fettuccine Broccoli Cottage Cheese Pudding Bread, Milk	23 Beef Wellington Twice Baked Potato, Monte Carlo Blend 7-Layer Salad Cake Bread, Milk Card Games	24 Turkey Mashed Potatoes, Cranberry Sauce Corn, Pumpkin Pie Bread, Milk Bingo Games	25 Salisbury Steak Egg Noodles Green Beans Copper Penny Apple Crisp Bread, Milk	26 Lemon Pepper Fish , Wild Rice Scandinavian Blend Coleslaw Cinnamon Rolls Bread, Milk	27	
28	29 Barbeque Ribs Baked Potatoes Broccoli Fruit Cocktail Pudding Bread, Milk	30 Pepper Steak Rice Tomato Salad Bread Pudding Bread, Milk				This menu has been approved by Mary Jo Coleman, Registered Dietician.	